

Phase I

... is for those yearning for a deeper connection to themselves, the sacred, to community and creation.

This first year focuses on skill development in listening, discernment and contemplative living.

Using the enneagram, dream work and various spiritual practices as tools for listening, the program invites participants to broaden their understanding of contemplation and action.

Components – Phase I

- Two 5-day residencies: May 27 to June 1, 2018 and May 26 to 31, 2019
- Assigned reading, 5 reflection papers and an integration paper or project
- Three-day silent retreat
- Monthly spiritual direction
- Facilitation of a monthly home-based Spiritual Journey Group

Phase I next being offered 2018-2019:

Two residencies:

Sun May 27 to Fri June 1, 2018 and
Sun May 26 to Fri May 31, 2019

All residencies are held at Crieff Hills
Retreat Centre, just south of Guelph, Ont.

Phase II

... is for those who have completed Phase I and discern a call to the ministry of spiritual direction (also known as spiritual guidance, accompaniment or companionship).

The second year is a practicum in spiritual direction, acquiring the skills needed to accompany others on their spiritual journey.

Components – Phase II

- Two 5-day residencies: Oct 2019 & Oct or Nov 2020 (to be confirmed)
- Assigned reading, 4 reflection papers and a final position paper or project
- Four-day silent retreat
- Continued monthly spiritual direction
- Monthly supervision with a peer group and 1-on-1 with a trained supervisor.

Phase II next being offered:

for those who began the program in 2016:
Sun Oct 22 to Fri Oct 27, 2017 and
Sun Oct 14 to Fri Oct 19, 2018.

For those who begin the program in 2018:
October 2019 & Oct or Nov 2020
dates to be confirmed.

Costs

- a) non-refundable registration fee: **\$100** due at time of registration
- b) **\$3,595 per year**
(\$2,000 due a month before the first residency; \$1,595 due mid-year)

These costs do not include the purchase of books, the payment to a spiritual director or the cost of silent retreats.

Bursaries are available. Contact the Program Administrator at:
ontjubilee@gmail.com

To Register

Complete the two-part process:

1. Submit your contact information and the \$100 registration fee to:
Crieff Hills Community
7098 Conc. 1, RR 2
Puslinch, ON N0B 2J0
or send to: registrar@crieffhills.com
2. Click [here](#) for the application form.
Email it to: Miriam Frey, Program Coordinator: ontjubilee@gmail.com

*Upon completion of each Phase,
program participants receive a
certificate of completion.*

What is Ontario Jubilee?

Along with workshops and retreats, Ontario Jubilee offers a two-year certificate program of practical learning in spiritual growth, soul development and the art of spiritual direction. It honours all spiritual traditions and seeks to empower the human spirit to live into its inherent potential.

The program is about:

- Understanding oneself and others
- Being faithful to one's inner life that sees no divide between body, heart and intellect
- Practising forms of service, meditation and prayer that transform lives.

Spiritual Direction is...

a process of accompanying people on a spiritual journey and helping them grow closer to the Divine that some call God or the sacred, the holy or higher power. Spiritual direction (also known as spiritual guidance, accompaniment, companionship) helps people learn how to live in peace, with compassion, promoting justice and as humble servants of that which lies beyond all names.



Ontario Jubilee

an intensive,
home-based practical education
program with annual residencies at:

Crieff Hills

Retreat and Conference Centre
Puslinch, ON
(just south of Guelph and Hwy 401)

For additional information about the
program:

e-mail: ontjubilee@gmail.com
website: www.ontariojubilee.ca
or call: 519-501-2084

For additional information about the
accommodations or retreat centre:

e-mail: registrar@crieffhills.com
website: www.crieffhills.com
or call: 1-800-884-1525



Ontario Jubilee

**Practical education in
spiritual growth,
soul development
and
the art of spiritual direction**